

## Section 7 Yoga & Sensory Work

### Lesson Number:

### • NAME OF LESSON •

# **Marble Painting**

### MATERIALS REQUIRED

- Marbles
- Paint [try use a few different colours]
- ·Muffin tin, egg carton, or small bowls to hold the paint
- Spoons
- Paper
- Shallow cardboard box or a baking dish

#### HOW TO

- 1. First, prepare for marble painting by putting some paint in the muffin tin sections (or egg carton or whatever), placing a sheet of paper in your shallow box or baking dish, and setting out the marbles and spoons.
- 2. Drop your marbles into the paint and mix them around a bit to make sure they are coated in the paint and then transfer your paint-covered marbles to the paper in the shallow box/dish.
- 3. Now lift your shallow box/pan and tilt it this way and that so the paint-covered marbles roll around and leave their little painted trails, creating interesting designs on the paper.

Parents don't be afraid to get involved in helping your children in moving around the boxes to get the desired effect!

