

## Name of Lesson/Programme:

**Folding Paper** 



Section: Section 3 Self management skills Lesson: 42

**Purpose:** To increase fine motor skills

\*MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY\*

## **Materials Required:**

1. Sheet of paper

## How to:

You will need the child to sit next to or directly across from you.

- 1. Rip a sheet of paper, into long thick pieces.
- 2. Fold the paper back and forth until you are left with a square.
- 3. Repeat with other pieces of ripped paper.