



Name of Lesson/Programme:

## ***Threading pasta – Least to most prompt (lesson 2)***

Self-management

Part B: Activity 17

Lesson Number: 1

### **Purpose:**

To teach the child fine motor skills as well as hand/eye co-ordination.

### **Materials Required:**

1. This is a table top activity. You will need a bowl with some pasta tubes, some string or a shoe lace.
2. Tie a big knot at one end of the string or shoe lace, and at the other end place some sellotape around the string so the child can slip the pasta through the string without difficulty.

### **How to:**

**You will need the child to sit at a table next to you or opposite you. You will need to sit close enough to the child to help them complete the task if necessary.**

1. Start the programme when your child is sitting and ready to go.
2. Place the bowl of pasta and string in front of the child.
3. Simply say “thread pasta” and allow the child to begin the activity.
4. If your child needs help to complete the activity, aid them to by repeating “thread pasta” then “pick up pasta”, “put it through” and finally “pull”. You can aid the child by taking their wrist or hand and take them through these steps.
5. Encourage the child to complete the rest of the activity and also praise them.

6. If they move away from the table, just re-direct the child back to the table to finish the task.

\*You can repeat these table top tasks most days if the child enjoys doing them and use different form boards each day\*