

Name of Lesson/Programme:

Rainbow Rice Painting.

Section: Section 9 Art and Craft **Lesson:** 8

Purpose: For your child to complete an art activity using rice.



*NB: When using glue and materials, children must be supervised at all times.

Materials required:

- 1. Rice
- 2. Food colouring (Different colours if possible)
- 3. Glue
- 4. Bowls
- 5. 1 sheet of paper.
- 6. Spoons

How to:

Make sure your child is sitting near or opposite you.

1. Begin by putting some rice into a few bowls, depending on how many different food colours you have available. Add the food colouring and using a spoon mix the rice until its changed colour. This can be done by the child independently or with a least to most prompt. You can add more food colouring to adjust the mixture if necessary.

- 2. Allow the rice to dry.
- 3. With the sheet of paper you can draw a rainbow designs on the page.
- 4. Next you'll cover the rainbow designs with the glue.
- 5. After the designs have been covered with glue you can cover them with the various colours of dyed rice starting with one colour of the rainbow and once complete moving onto the next colour.
- 6. Allow the painting to dry and then add the child's name and date the art project.