

## Section 3- Self Management Skills Lesson Number :

• NAME OF LESSON •

# Fine Motor with Spaghetti and Cheerios

## MATERIALS REQUIRED

- 1 tub of Play Doh
- 5 uncooked spaghetti sticks
- A handful of Cheerios

## HOW TO

1. Make the Play doh into a small mound and push onto the table so that it is anchored.
2. Place the spaghetti into the mound of play doh so that it stands up vertically.
3. Place the Cheerios on the table next to the play doh and demonstrate the action of threading the Cheerios onto the spaghetti for the child.
4. Provide support (least to most prompting) to complete the activity.

