

Name of Lesson/Programme:

Clouds and Rain Sensory Activity



Materials ready to go.



Child using dropper to add water.



Water is dripping through the strainer.



Child squeezing water from cotton wool.

Section: Section 3 Self Management

Lesson: 39

Purpose: To complete an art activity using the Aistear theme “The Weather”.

MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY

Materials Required:

1. Cotton balls
2. Strainer/ Sieve/ Steamer basket
3. Bowl/Vase/Jar (Whichever the strainer fits best)
4. Water
5. Dropper tool (Jug if a dropper tool isn't available)
6. Blue Food Colouring (Optional)

How to:

You will need the child to sit next to or directly across from you.

1. Place a strainer on top of a clear jar, bowl or vase.
2. Fill the strainer with cotton balls.
3. Fill the glass/bowl/ jar with water and add a few drops of food colouring if you want.
4. Place a dropper nearby.
5. Have the child fill the dropper with water and then squirt the water on the cotton balls. Have them repeat this process until the clouds become so full of water that they start to drip. Eventually the water will start to "rain" down into the jar.
6. As your child is doing this you can explain that this process is like that of clouds and rain. The clouds get so full of water that eventually the water starts to fall from the cloud, and it rains.
7. The dropper adds a fine motor element to this activity but don't worry if you don't have one you can always use a small jug and have your child pour water onto the cotton balls. Just make sure it's very little water each time they pour.
8. Once your child has repeated this process enough time that the cotton balls are soaked, they can then take the cotton ball in their hands and squeeze the water out over the bowl.