

Name of Lesson/Programme:

Section: Section 5 Aistear

Lesson:

Purpose: For your child to complete a fine motor activity using pasta, while also improving their hand/eye co-ordination.



***NB: When using materials, children must be supervised at all times.**

Materials required:

1. A sheet of white paper.
2. A Bowl
3. A 2 euro coin
4. A marker and a pencil
5. A scissors
6. Pasta

How to:

Make sure your child is sitting near or opposite you.

1. To begin you'll need to make the head of the Sheep. This can be done by pencil, using a bowl to trace the shape of the face, followed by creating two eyes by tracing around a two euro coin.
2. Next you can draw a pair of ears and the wool on top then the mouth and nose.

3. After you have made these you can go over the outline with a black marker to add detail.
4. Lastly you can cut out around the Sheep's head and add a hole in the mouth for the pasta to be fed to the Sheep.
5. Place the Sheep on top of a bowl so the pasta can be fed to the Sheep.
6. Place some pasta in front of the Sheep and encourage your child to feed the Sheep by picking up the pasta using their middle and index fingers and thumb then placing it in the mouth of the sheep.
7. This can be done independently by the child or with least to most prompt if necessary.
8. Keep praising the child as they complete the task and if they move away from the table, just re-direct the child back to the table to finish the task.