

Name of Lesson/Programme:

Rainbow penne threading



Section: Section 3 self management skills Lesson: 45

Purpose: To increase fine motor skills. Also, good for matching and colour recognition

MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY

Materials Required:

- 1. Penne Pasta
- 2. String
- 3. Coloured paper (cut into squares)
- 4. Glue
- 5. Sellotape or tape
- 6. Markers
- 7. Large piece of cardboard (Cereal box will do perfectly)
- 8. Sheet of paper

How to:

You will need the child to sit next to or directly across from you.

Make sure each square of coloured paper you use, matches to a coloured marker that you have, so when you've finished the set up you can make a pattern using markers for your child to follow.

- 1. To begin, glue the squares of coloured paper onto the cardboard, allowing a small space between each colour. (As seen in picture above).
- 2. Next, tape down 1 piece of penne pasta to each square.
- 3. On a separate piece of paper, make out a pattern using markers for your child to follow.
- 4. Thread the pasta following the pre made pattern.
- 5. Keep the creation and you can use it another day.