

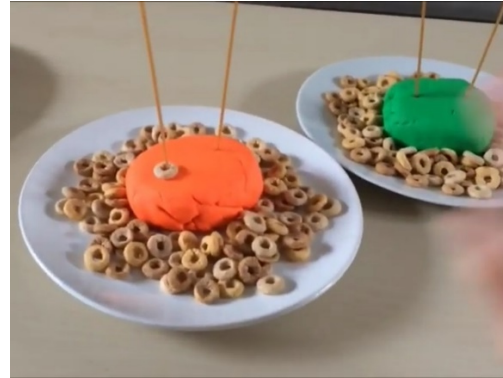
Name of Lesson/Programme:

Pasta and Cheerio Threading

Section: 3 Self Management Skills

Lesson: 56

Purpose: For your child to increase their fine motor skills



Make sure your child is supervised during this activity

Materials required:

1. Playdough
2. Spaghetti
3. Pasta
4. Cheerio's
5. A plate
6. Sellotape

How to:

Make sure your child is sitting near or opposite you.

1. Begin by taking some playdough, rolling it into a ball and pushing it into the plate
2. Next add two pieces of spaghetti to the playdough so they are sticking upright.
3. Add pasta/ cheerio's around the plate.
4. Picking up the pasta/ cheerio's your child will thread the pasta/cheerio's onto the spaghetti, repeating the activity until they reach the top.

5. This activity can be done independently or with least to most prompt where necessary.