

**Name of Lesson/Programme:**

Spray Bottle Art



**Section:** Section 3 Self Management

**Lesson:** 33

**Purpose:** To Increase your child's fine motor and hand eye co ordination skills.

***\*MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY\****

**Materials Required:**

1. Paper
2. Cellotape or similar (To stick paper to an outside wall)
3. Spray Bottle
4. Water
5. Paint

**How to:**

1. Fill the spray bottle up with paint and water (Or just water if you prefer)
2. Your child will then spray a design onto the paper
3. If your child needs help to push the spray bottle handle use least to most prompt.
4. Alternatively, draw a design onto the paper and get your child to spray the design pattern using water.