

## Name of Lesson/Programme:

Wool Hair Cut

**Section 3:** Self Management Skills

**Lesson:** 28

**Purpose:** For your child to complete a fine motor activity using a scissors improving cutting skills.



**\*NB:** When using scissors, children must be supervised at all times.

### **Materials required:**

1. Wool
2. A Scissors **\*Adult supervision required\***
3. Paper and cardboard
4. A black marker
5. Glue

### **How to:**

Make sure your child is sitting near or opposite you.

1. To begin, you'll need to cut out a semi circle shape. (Like the one seen above)
2. This can be done by drawing your semi circle shape on a sheet of paper and gluing it to a sheet of cardboard to make it rigid for holding.
3. Draw on the eyes and mouth with the black marker.

4. To add the hair, you'll need to make a number of holes at the top of the 'head'. This can be done by using the point of a pencil or pen to push through the paper and cardboard leaving holes to attach the 'hair' **ADULTS ONLY!!**
5. After you have the holes made you can attach the wool by pushing it through the holes and tying a knot in the end to secure it.
6. Get your child to pick up the scissors using three fingers, their thumb, index and middle finger and hold the cut out in their free hand, they can begin cutting the wool. Use a least to most prompt if your child needs help.
7. You can now start cutting the 'hair'
8. Continue cutting until all the hair has been cut.
9. To re do this activity you can cut the knots of the wool away and add more hair again.