

Name of Lesson/Programme:

Kitchen Whisk Activity



Section: Section 3 Self Management

Lesson: 24

Purpose: To increase your child's pincer grasp.

****MAKE SURE YOUR CHILD IS SUPERVISED DURING THIS ACTIVITY****

Materials Required:

1. Kitchen Whisk
2. Pom Poms
3. Tweezers (To make this activity more challenging)

How to:

You will need the child to sit next to or directly across from you.

1. Fill the whisk with pom poms
2. Get your child to remove the pom poms from the whisk, using their thumb and fore finger if possible.
3. To make this activity more challenging give your child a large tweezers.

